

A-B SPRING 2017 ERG ROOM SCHEDULE

| | 3-4:30pm | 4:45-6:15pm | 6:30-8pm | CANCEL/OFF |
|------------------|-----------------------------|-----------------------------|----------|------------|
| MONDAY | V. BOYS | V. GIRLS | N. GIRLS | N. BOYS |
| TUESDAY | V. GIRLS | V. BOYS | N. BOYS | N. GIRLS |
| WEDNESDAY | N. BOYS | V. GIRLS | N. GIRLS | V. BOYS |
| THURSDAY | V. BOYS | N. GIRLS | N. BOYS | V. GIRLS |
| FRIDAY | 1.) V. BOYS 2.) V. GIRLS | 1.) N. GIRLS 2.) N. BOYS | | |

| | 8-9:30am | 9:45-11:15am | 11:30-1pm | 1:15-2:45pm |
|-----------------|--------------|--------------|---------------|--------------|
| SATURDAY | Varsity Boys | Novice Boys | Varsity Girls | Novice Girls |

The schedule above is our alternate schedule in the event that teams cannot go out on the water due to inclement weather/high winds etc.

THE BOLD RED teams are the teams that are scheduled to be in the erg room on their assigned "off water day during the spring.

The remaining time slots have been assigned to coaches/teams in the event that they need to cancel their water time or for whatever reason need to move indoors.

In the event that water sessions are cancelled on a weekday for all teams, **one team must take the day off**. That team is indicated under the cancellation slot.

In the event that all crews cannot row on a Friday, the first time slot will belong to Varsity in the and the second slot to Novice. The teams will alternate between using the erg room and/or cancelling or alternate training outside, but off the water, if the weather permits.

- This week (3/31) if water practices were cancelled due to weather/wind etc, the Varsity Boys would get the 3pm slot and Novice Girls get 4:45pm. Varsity Girls and Novice Boys would either cancel altogether or hold a practice outside if the weather allows.
- The next Friday cancellation would result in the Varsity Girls getting the 3pm slot and Novice Boys 4:45pm. Varsity Boys and Novice Girls are cancelled or train outdoors.
- **In the event that we are loading the trailer on Friday for a race, all teams will report to the cage at 3:30pm.**